

What Competitors Need To Know



THE RULES OF ALPINE RACING

Updated 02/05/08

1) INSPECTION:

Take a look.... a really good look. _____
SL 804.1 _____
GS 904 _____
SG 1004 _____
DH 703.2 _____

NOTES:

2) THE START:

Be there on time.... and be alert. _____

Cadence: SL 805.3, 805.3.1 _____
GS, DH, SG 613.4, 613.3. _____
Valid and False Starts 805.4, 613.7 _____
Delayed Starts 613.6 _____

When does the clock start? _____
Manual Time 613.7 _____
Electronic 613.5 _____

3) CORRECT PASSAGE THROUGH A GATE

There is a right way (both ski tips AND feet) _____
wrong way.... a fast way and a slow way . _____
661.4 - 661.4.2 _____

4) GATE JUDGE COMMANDS:

Don't take a chance.... ask the gate judge
and LISTEN to the answer. 663 _____

NEW! 663.2 The competitor himself is fully responsible for his action and in this respect he cannot hold the gate judge responsible

5) THE FINISH:

How much equipment is enough 615.3 _____
(Be alert to local rules) _____

When does the clock stop? 611.3.1 _____

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6) RERUNS:

This is critical... do the right thing _____

If obstructed 623.1 _____

Interference 623.2 _____

Validity of Reruns 623.3 _____

Abandoning course 614.2.2 _____

7) DISQUALIFICATIONS:

There is a lot to know. 629 _____

Where are they posted? _____

When are they posted? _____

Who checks the list? _____

Pay particular attention to your equipment.

A cracked helmet? Broken ski brake? _____

You're gone! _____

8) NOT PERMITTED TO START, PENALTIES

What are they all about? 627, 628 _____

9) PROTESTS:

How much time do you have and what does it cost? _____

Types of protests 640 _____

Deadlines for submittal 643 _____

Place of submittal 642 _____

10) YELLOW FLAG:

In DH and SG.... Know what to do....
and do it 705.4

11) JURY MEMBERS:

Who are they? What do they do? _____
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11) VOLUNTEERS: Without volunteers... there is no race!

How many volunteers does it take to run a K-2 race? _____

During and/or following your race; please say

***THANK YOU.... TO AT LEAST 3 VOLUNTEERS
LET THEM HEAR IT, AND THEY WILL BE THERE FOR YOU
AGAIN.***

SOURCES:

National Officials – Level 1 manual

ICR numbers refer to appropriate passages in the 2004 ICR.

**CARRY A COPY OF THE ICR IN YOUR PACK....
YOU'LL BE SURPRISED HOW OFTEN YOU USE IT!**

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RULES REVIEW FOR THE COMPETITOR

RE-RUNS, DISQUALIFICATIONS, PENALTIES, NOT PERMITTED TO START and PROTESTS

The following are the sections taken from the ICR which cover the above.

623 Re-runs

623.1 Pre-requisites

- 623.1.1 A competitor who is obstructed while racing must stop immediately after the incident took place and apply to any member of the Jury for a re-run. This claim can also be made by the team captain of the obstructed competitor. The competitor should make his way to the finish along the side of the piste.
- 623.1.2 In special situations (e.g. in case of missing gates or other technical failures) the Jury may order a re-run.

623..2 Grounds for Interference

- 623.2.1 Blocking of the course by an official, a spectator, an animal, or other obstructions.
- 623.2.2 Blocking of the course by a fallen competitor, who did not clear the course soon enough.
- 623.2.3 Objects in the course such as a lost ski pole or the ski of previous competitor.
- 623.2.4 Activities of the first aid service which obstruct the racer.
- 623.2.5 Absence of a gate knocked down by a previous competitor, and not promptly replaced.
- 623.2.6 Other similar incidents beyond the will and control of the competitor, which cause significant loss of speed or a lengthening of the racing line and thereby consequently affect the competitor's time.
- 623.2.7 Malfunction of the timekeeping system.
- 623.2.8 Interruption of a downhill run by an official in a "yellow zone".

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623.3 Validity of a Re-Run.

- 623.3.1 In case the Referee or another Jury member is unable to question the appropriate officials immediately or to judge the justification for the re-run he may, to avoid delay for the competitor, grant a provisional re-run. This re-run will be valid only if it is confirmed by the Jury.
- 623.3.2 If the competitor was already disqualified before the incident entitling him to a re-run, the re-run is not valid.
- 623.3.3 The provisionally or definitively approved run remains valid even if it proves slower than the obstructed one.

623.4 Start Time of the Re-run

- 623.4.1 In the case of fixed start intervals, the competitor may start at the fixed interval, after he has reported to the start referee, in accordance with the decision of the start referee.
- 623.4.2 With non-fixed start intervals, the procedure is in accordance with the provisions of art. 805.3.

Not Permitted To Start, Penalties, Disqualifications

627 Not Permitted to Start

A competitor will not be permitted to start in any competition who:

- 627.1 wears obscene names and/or symbols on clothing or behaves in an un-sports-manlike behavior
- 627.2 violates the rules in regard to equipment
- 627.3 refuses to undertake a FIS required medical examination (art 221.2)
- 627.4 trains on a course closed for competitors
- 627.5 in training for Downhill has not participated in at least one timed training run
- 627.6 does not wear a crash helmet that conforms to the Competition Equipment Specs or does not have ski brakes on their skis

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- 627.7 was eliminated from the first run
- 627.8 Violation of the rules 627.1 – 627.7 If a competitor has actually started in a competition and is later determined by the Jury to have been in violation of these rules the Jury must sanction the competitor

628 Penalties

A penalty will be assessed by the Jury where the competitor:

- 628.2 alters the start number in a way which is not allowed
- 628.3 does not wear or carry the official start number according to the rules (704.6, 804.1, 904, 1004.1)
- 628.4 skis through a gate or practices turns parallel those required gates on the course (904)
- 628.5 is not ready to start on time or makes a false start
- 628.6 violates the rules of the start or starts in a manner than is permitted according to the rules (613.3)
- 628.7 requests a re-run which proves not to be valid
- 628.8 continues to race after committing a gate fault
- 628.9 fails to pass the finish in accordance with Article 615.3
- 628.10 removes skis before crossing the red line (art. 206.6)
- 628.11 does not leave the finish area through the official exit with all the competition equipment used in the race
- 628.13 receives outside help during a competition (art 661.1.3)

629 Disqualifications

A competitor is disqualified if he:

- 629.1 participates in the race under false pretenses

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629.2.1 is accountable for endangering the safety of persons or property

629.3 does not pass through a gate correctly (art.61.4)
or does not start within the time limits defined (613.7)

640 Protests

640.1 A Jury may only accept a protest if it is based upon physical evidence

640.2 A Jury is only permitted to re-evaluate its previous opinions where new evidence exists that relates to the original Jury opinion.

640.3 All Jury decisions are final except those that may be protested under

641 or appealable under 647.1.1

641 Types of Protests

641.1 Against admittance of competitors or their competition equipment,

641.2 Against the course or its condition,

641.3 Against a competitor or against an official during the race,

641.4 Against disqualifications,

641.5 Against timekeeping,

641.6 Against all instructions of the Jury

642 Place of Submittal

642.1 Protests according to the art. 641.1 - 641.6 at the location on the official notice board or at a place announced at a team captains' meeting.

643 Deadlines for Submittal

643.1 **Against the admittance of a competitor:**
- Before the draw.

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- 643..2 **Against the course or its condition:**
- No later than 60 minutes before the beginning of the race.
- 643.3 **Against another competitor or competitor's equipment or against an official because of irregular behaviour during the competition:**
- Within 15 minutes after the last competitor has passed the finish.
- 643.4 **Against disqualification :**
- Within 15 minutes after the posting of the disqualification.
- 643.5 **Against the timekeeping:**
- Within 15 minutes after the posting of the unofficial result list.
- 643.6 **Against all instructions of the Jury**
- Immediately and no later than the deadlines for submittal of protest according to the art. 643.4.

Starts, Countdowns and Finishes

Start Timing

The start timing shall measure the exact time the competitor crosses the start line with his leg below the knee.

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Start countdowns

	<u>DH, GS, SUPER G</u>	<u>SL</u>
Start Signal	10 sec, 5-4-3-2-1	(10 sec) Ready -GO
Start Interval	60 seconds Min. of 40 sec. DH, Super G Min. of 30 sec. GS	Irregular
Valid if	Leaves within 5 sec. before or after signal GO	Starts within 10 Sec after signal GO
Disqualified if	Not ready to start on time Leaves more than 5 sec Before or after signal	Is not at start within 1 min of being called Does not leave within 10 start signal sec of start signal

Determination of Finish

The finish line must be crossed: on both skis or one ski or with both feet in case of a fall in the immediate finish area. In this case, the time is taken when any part of the competitor's body or equipment stops the timekeeping system.

Timing of the Finish

With electric timing, the times taken when a competitor crosses the finish line with any part of his body or equipment and so breaks the beam between the photo cells.

In case of a fall at the finish, the time can be taken without both of the competitor's feet having crossed the finish line.

For the registered time to become valid, the competitor must immediately cross the finish line with or without skis.

For hand timing, the time will be taken when any part of the competitor crosses the finish line.